

All recipes are from Rose Water & Orange Blossoms by Maureen Abood [Running Press, 2015] and demonstrated on Maureen's YouTube Channel. Find Lebanese ingredients at MaureenAboodMarket.com

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WHIPPED HOMEMADE HUMMUS

- 2 cups cooked skinless chickpeas, cooking liquid reserved.
- 1 clove garlic, minced
- ½ cup tahini, well stirred
- ½ teaspoon kosher salt

 Juice of 1 lemon
- 1/2 1 cup chickpea cooking liquid, or cold water as needed

In the bowl of a food processor, puree the chickpeas and garlic until a thick paste forms (the paste will ball up a bit). With the machine running, slowly add the tahini, ½ teaspoon salt and lemon juice. Then slowly add a cup of the cooled chickpea cooking water or cold tap water (use if your chickpeas are canned) until the hummus is very smooth and light, holding back on water and tasting the hummus as you go; you

may not need all of it. Taste and add more salt and lemon if needed. Place the hummus in a bowl, cover and refrigerate for up to a week. Bring the hummus back to room temperature for about 30 minutes before serving, reviving it with some lemon juice if needed.

*This hummus uses pre-peeled chickpeas from Maureen Abood Market product line, which are a sensation. •







At the holidays Maureen Abood's kitchen is filled with the scent of wild thyme, sumac, sesame, honey, flower waters and nuts—the sensual aromas of Lebanese cuisine, the food of her heritage. The difference this holiday season for Maureen, author of the recently released cookbook, *Rose Water and Orange Blossoms*, is that she will be making the dishes in the kitchen of the new cottage in Harbor Springs that she shares with her husband, Dan Shaheen.

Both Maureen and Dan have deep roots in Northern Michigan—Maureen's family summered in Harbor Springs while she was growing up and Dan's family on nearby Walloon Lake. Their families, neighbors in Lansing, visited each other on Up North vacations, enjoying fresh Lebanese dishes like hummus, tabbouleh salad and grilled lamb and vegetables—all fond memories for the couple.

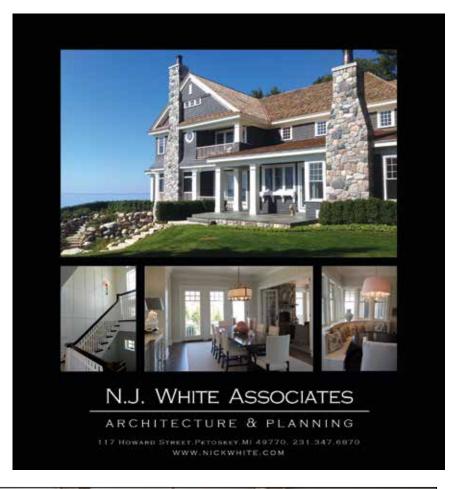
As Maureen tells it: "With my family history in Harbor Springs and Dan's family history on Walloon, it wasn't easy to decide where to land for our own home ... but Dan agreed to make the leap to Harbor Springs if I fed him well!"

From the beginning, Maureen wanted their new home to evoke memories of her family's home on Main Street in Harbor Springs. "I grew up learning and loving Lebanese cuisine and family gatherings in that kitchen," she says. "And it was also there that I launched my career as a food blogger and cookbook author."

From its rooftop deck (outfitted with a complete outdoor kitchen), right down to the great room, Maureen and Dan's new home is, indeed, as light and airy as the breeze off Little Traverse Bay across the street. Designed by Petoskey-based architect Nicholas White, the home's exterior combines elements that evoke grand Eastern seaboard homes, including stacked covered terraces and a hipped roof that culminates in that rooftop deck's white railing—a touch that is reminiscent of a schooner-era widow's walk.

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While Dan and Maureen were fully invested in the interior design choices for their home, they turned to Vee Mossberg, founder and principal designer of the Harbor Springs-based Cottage Company Interiors, to refine their ideas into a style that Vee calls edgy, relaxed traditional.

Pale cornflower blue walls are contrasted dramatically with dark-stained white oak floors; white couches sporting clean, straight lines are upholstered in washable linen fabric; matching blue-upholstered chairs are a modern take on good old wing backs. And an over-sized coffee table is covered in sealed grass cloth—making it the perfect spot for serving hors d'oeuvres. A Ralph Lauren jute rug and unlined linen draperies (light enough to billow in the lake breezes) add understated luxury.

Given Maureen's career, as well as the couple's shared love of cooking (Dan can whip up a mean chicken hushwe, a Lebanese cinnamon and rice pilaf) and large family gatherings, the kitchen was particularly important. "Our space was designed to continue the tradition of bringing family together around the table," Maureen says. To that end, the kitchen opens to the living area and a pass-through buffet connects it with the dining area. The focal is an 11-foot long, 2-inch thick slab of marble with seating around one end and a black walnut counter top that

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in-turn holds the vegetable sink at the other. Beautiful as they are, Maureen also chose the surfaces for their practicality. She rolls pastry dough directly out on the marble and chops directly on the walnut. "Usability is important to me," Maureen says. "I like the ease of having the surface right there instead of getting out another board and then having to wash it."

A graceful hourglass-and-dome-shaped wall-mounted hood and creamy custom

cabinetry by Wolverine Cabinetry keep the look fresh and feminine. Top-of-the-line Wolf appliances including double ovens complete this elegant, functional workspace.

Maureen is quick to point out that while she delights in having the best tools for her career as a food writer, she and Dan never forget that the heart of a home kitchen is much more than the fixtures. "My grandparents had such humble beginnings and they really did well with what they had," she



says. "Dan and I both know that while these things are really nice, you don't have to have them for a wonderful home, a wonderful kitchen, or to make wonderful meals."

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Home & Cottage resources



ARCHITECT

N.J. White Associates, Petoskey, nickwhite.com

BUILDER

Lake Custom Builders, Petoskey, 231.347.5553, lakecb.com, Managed by: David Faulkner, 231.838.5553

INTERIOR DESIGN

Cottage Company, Harbor Springs, 231.526.2537, cottage-company.com

MARBLE AND TILE

Capital Granite, Petoskey, 231.347.1542, capitalgranitemi.com

CABINETRY

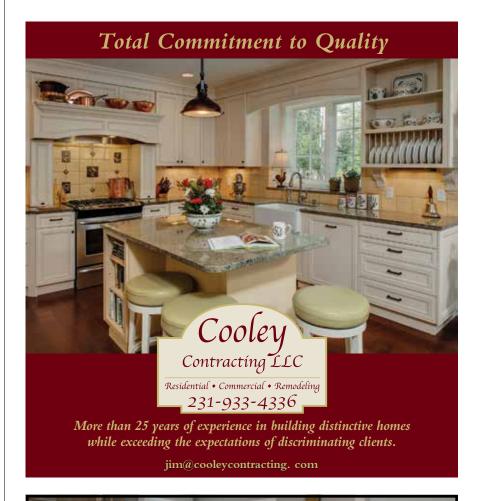
Wolverine Cabinet Company, Petoskey & Traverse City, 231.347.8766, wolverinecabinets.com

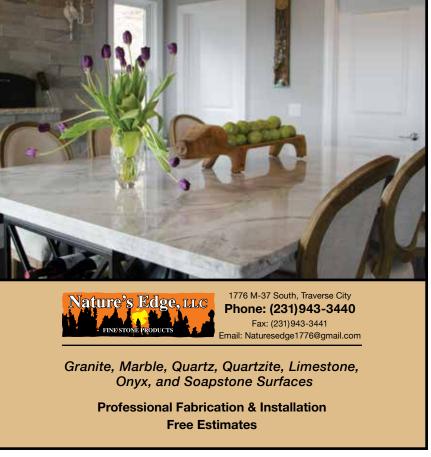
LANDSCAPING

John Hoffman & Sons, 231.347. 9854, johnhoffmanlandscaping.com

LANDSCAPING DESIGN

Common Grounds, Boyne City, 231.313.2642, commongroundlandscapes.com





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